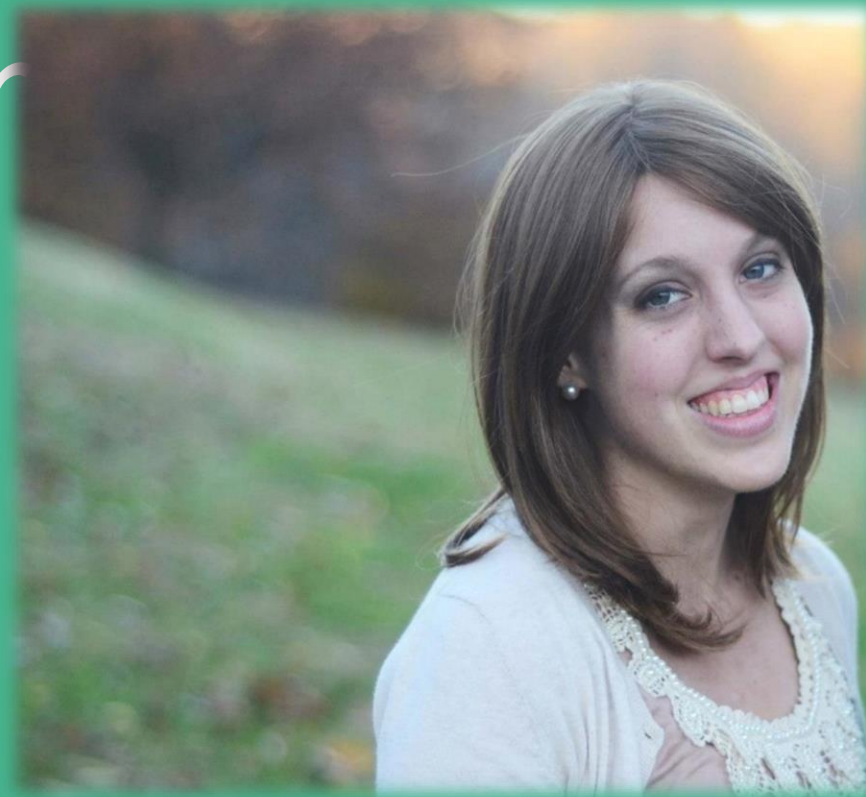


# How to Teach Executive Str

ANDI ALONSO, SPECIAL EDUCATOR, MCPS



# Teaching Executive Functioning

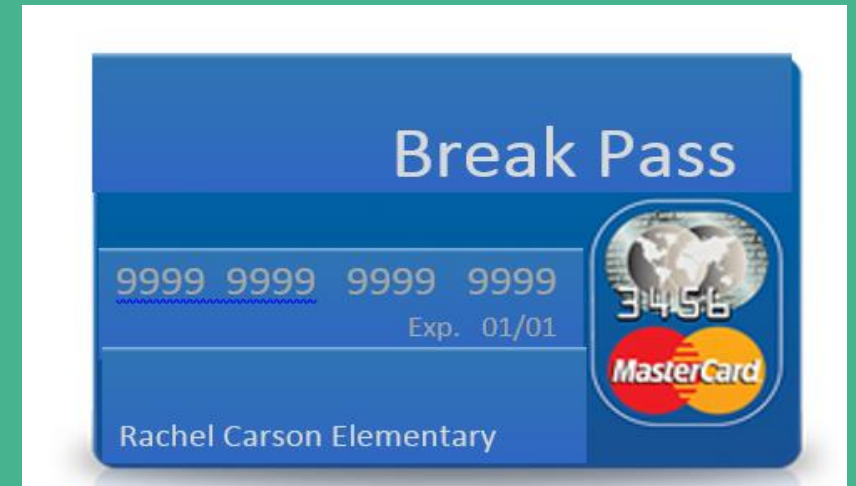
- The easiest way to teach executive functioning strategies is by finding strategies that are simple and easy to implement into the classroom.
- The two main strategies use in the classroom:
  - **Break Card**
  - **Visual Schedule**

# 'Student A' Profile

- 5th grade boy
- Specific Learning Disability
- Struggles with attending to whole group and small group lessons - off task **56%** of the week
- Private reports note deficits in executive functioning






























# Break Cards

- ↓ MAGNETIC, LAMINATED CARD
- ↓ STUDENTS KEEP ON THE SIDE OF THEIR DESK
- ↓ WHEN THEY FEEL LIKE THEY NEED A BREAK, STUDENTS PLACE THEIR BREAK CARD ON TOP OF THEIR DESK
- ↓ **GUIDELINES:** STUDENTS NEED TO BE EXPLICITLY TAUGHT THE APPROPRIATE TIMES TO USE THE BREAK CARD, OR ELSE THE STUDENT MIGHT MISUSE OR TAKE ADVANTAGE OF THIS CARD'S PURPOSE



# Visual Schedule

- Students with executive function deficits often have a difficult time processing throughout the day.
- Visual schedules are a good way for students to map out their day and week for routines.
- This particular student has difficulty finding an appropriate time to ask non-school related questions. Building in these times allow for students to know when to ask these questions.

Monday	Tuesday	Wednesday	Thursday	Friday
Music - 	Reading - 	Reading - 	Reading - 	Art - 
Reading - 	Writing - 	Writing - 	Writing - 	Reading - 
Math - 	Math - 	Math - 	Math - 	Math - 
Questions - 	PE - 	Questions - 	Questions - 	Questions - 
SS/Science - 	SS/Science - 	SS/Science - 	Class Meeting / Media - 	Chorus - 
Questions - 	Questions - 	Questions - 	Questions - 	Questions - 